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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
		<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	
Evente and		8:45a Mindful Yoga Video Session	<b>7a</b> Holmen Rotary Club	8:30a Wellness Checks - WSU	<b>10a</b> StrongBodies Video	
Events and	HACC	9:00a Muscles in Motion!	<b>8a</b> Beginner Pilates Series	8:45a Mindful Yoga Video Session	<b>11-1p</b> Walking Path	
Activities are	HACC CLOSED	9:30a Free Hearing Evaluations	<b>9a</b> StrongBodies Virtual	<b>10a</b> Cardio & Strength Fitness	<b>11a</b> Music w/Greg Grokowsky	
subject to		<b>10a</b> Cardio & Strength	<b>9a</b> Diamond Art	<b>11-1p</b> Pickleball Open Play	<b>12:30p</b> Bingo!	
_	HAPPY	<b>11-1p</b> Pickleball Open Play	<b>10a</b> Good News Singers!	<b>11-1p</b> Walking Path		
change or		<b>11-1p</b> Walking Path	<b>11-1p</b> Walking Path	12:30p Veteran's Service Hours		
cancellation		<b>1p</b> Community Crafts	<b>12:15p</b> Beginner Line Dancing	<b>1p</b> Fun & Games		
- Carroottation		<b>1p</b> Home Safety Caregiver Education	<b>12:30p</b> Bingo!	<b>1p</b> Crafternoon-Knit & Croche <b>t</b>		
			<b>1p</b> Intro to Watercolor	<b>6p</b> AA Meeting		
			<b>2p</b> A Joyful Life			
7	8	9	10	11	12	13
	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	
	8:30a Fun with Watercolor	8:30a Public Health Nurse Visits	<b>7a</b> Holmen Rotary Club	8:30a Wellness Checks - WSU	<b>8a</b> Gentle Yoga for Beginners	
	<b>9a</b> Strongbodies Video	8:45a Mindful Yoga Video Session	<b>8a</b> Beginner Pilates Series	8:45a Mindful Yoga Video Session	9:15a Chair Yoga	
	9:15a Chair Yoga	9a Muscles in Motion!	<b>9a</b> StrongBodies Video	10a Cardio & Strength Fitness	10a StrongBodies Video	
	10:30a SimpleSteps Tech Help	10a Toddler Craft Time	<b>9a</b> Diamond Art	<b>11-1p</b> Pickleball Open Play	<b>11-1p</b> Walking Path	
	<b>11-1p</b> Walking Path	10a Cardio & Strength	<b>10a</b> Good News Singers!	<b>11-1p</b> Walking Path	<b>12:30p</b> Bingo!	
	<b>1p</b> Beginner Line Dancing	<b>11-1p</b> Pickleball Open Play	<b>11-1p</b> Walking Path	<b>1p</b> Fun & Games		
	<b>1p</b> Mah Jongg Club	<b>11-1p</b> Walking Path	<b>12:30p</b> Bingo!	<b>6p</b> AA Meeting		
		5:30p Family Fun Night	<b>1p</b> Into to Watercolor	<b>6:30p</b> Mocktails & Me		
			<b>1p</b> Beginner Line Dancing			
			1:30p The Empowered			
			Caregiver Series			
			<b>2p</b> Horse Racing Game			
14	15	16	17	18	19	20
	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	
	8:30a Fun with Watercolor	9:45a Mindful Yoga Video Session	<b>7a</b> Holmen Rotary Club	8:30a Wellness Checks - WSU	9a Good Morning Holmen!	
	9:15a Chair Yoga	9a Muscles in Motion!	<b>8a</b> Beginner Pilates Series	8:45a Mindful Yoga Video Session	Topic: Coulee Woodcarvers	
	10a American Red Cross	9:30a Art Class w/Lori Ehlke	<b>9a</b> StrongBodies Virtual	10a Cardio & Strength Fitness	<b>10a</b> Strong Bodies Video	
	Blood Drive	9:30a Hearing Instrument ✓	<b>9a</b> Diamond Art	<b>11-1p</b> Pickleball Open Play	<b>11-1p</b> Walking Path	
	<b>11-1p</b> Walking Path	<b>10a</b> Cardio & Strength	<b>10a</b> Good News Singers!	<b>11-1p</b> Walking Path	<b>12:30p</b> Bingo!	
	<b>1p</b> Mah Jongg Club	<b>11-1p</b> Pickleball Open Play	<b>11-1p</b> Walking Path	<b>1p</b> Fun & Games		
		<b>11-1p</b> Walking Path	<b>12:30p</b> Bingo!	<b>1p</b> Crafternoon-Knit & Crochet		
		1p Connect2Nature	<b>1p</b> Beginner Line Dancing	5p Holmen Get Together - 5 YRS		
		<b>6p</b> Euchre Tournament	<b>1p</b> Into to Watercolor	<b>6a</b> AA Meeting		
			<b>2p</b> Cozy Readers Book Club	<u> </u>		



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
21	22	23	24	25	26	27
	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path	
	8:30a Fun with Watercolor	8:45a Mindful Yoga Video Sessions	<b>8a</b> Beginner Pilates Series	8:30a Wellness Checks - WSU	<b>8a</b> Gentle Yoga for Beginners	
	<b>9a</b> StrongBodies Virtual	9a Muscles in Motion!	<b>9a</b> StrongBodies Virtual	8:45a Mindful Yoga Video Session	9:15a Chair Yoga	
	9:15a Chair Yoga	10a Toddler Story Time	<b>9a</b> Diamond Art	10a Cardio & Strength Fitness	<b>10a</b> StrongBodies Video	
	10:30a SimpleSteps Tech Help	10a Cardio & Strength Fitness	10a Good News Singers	<b>11-1p</b> Pickleball Open Play	<b>11-1p</b> Walking Path	
	<b>11-1p</b> Walking Path	11-1p Pickleball Open Play	<b>11-1p</b> Walking Path	<b>11-1p</b> Walking Path	<b>12:30p</b> Bingo!	
	<b>1p</b> Beginner Line Dancing	<b>11-1p</b> Walking Path	<b>12:30p</b> Bingo!	<b>1p</b> Fun & Games		
	<b>1p</b> Mah Jongg Club	<b>1p</b> Wellness Wisdom Series	<b>1p</b> Intro to Watercolor	5:30p Marriage & Family Solutions		
		Calm the Fire Within	<b>1p</b> Beginner Line Dancing	<b>6a</b> AA Meeting		
			<b>2p</b> Horse Racing Game			
28	29	30				
	<b>7-10:00a</b> Walking Path	<b>7-10:00a</b> Walking Path				
	8:30a Fun with Watercolor	9a Muscles in Motion!				
	9:15a Chair Yoga	10a Cardio & Strength Fitness				
	<b>11-1p</b> Walking Path	<b>11-1p</b> Pickleball Open Play				
	<b>1p</b> Beginner Line Dancing	<b>11-1p</b> Walking Path				
	<b>1p</b> Mah Jongg Club	12:30p Mind Over Matter -				
		Healthy Bowel, Healthy Bladder				
		<b>6p</b> HACC Book Club				



Gecond Tuesdays this fall from 5:00 - 7:00 Pm

Join us for an evening filled with fun for your entire family! Enjoy a shared meal, games, crafts, and activities.

## September 9th - Fall Back to Nature

Scavenger Hunt, Apple Tastings, Nature Crafts, Learn about Owls, Pet the Alpacas + more!

Holmen Area Community Center 600 N. Holmen Drive, Holmen WI www.holmencc.org 608-399-1870

Where Our

## **Acrylic Art Class**

Subject: Rustic Barn Instructor: Lori Ehlke

**Tuesday, September 16** 9:30 - 11:30 am



Learn to paint a Rustic Barn in acrylic. Lori will walk you step by step through painting the image, applying color, using special techniques to achieve certain looks, and adding finishing detail work. All levels welcome!

Members: \$35.00 Non-Members: \$40



Holmen Area Community Center 608-399-1870

Where Our Community Gathers!



Halfway Creek Park:

Trick or Treat on the Decorated Pumpkin Trail

**Holmen Area Community Center** 600 N. Holmen Drive, Holmen, WI 54636 www.holmencc.org

\*\*Senior Nutrition Meals are Hosted at HACC Monday to Friday at 11:30 am