

November

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	27-Oct	28-Oct	29-Oct	30-Oct	31-Oct	1
Events and Activities are subject to change or cancellation	7-10:00a Walking Path	7-10:00a Walking Path	7-10:00a Walking Path	7-10:00a Walking Path	7-10a Walking Path	
	8:30a Fun with Watercolor	8:45a Mindful Yoga Video	9a Diamond Art	8:45a Mindful Yoga Video	10a StrongBodies Video	
	9a StrongBodies Virtual	9a Muscles in Motion!	9a StrongBodies Virtual	10a Cardio & Strength Fitness	12:30p Bingo!	
	9:15a Chair Yoga Video	9a Present Moment Yoga	10a Good News Singers	11-1p Pickleball Open Play		
	11-1p Walking Path	10a Cardio & Strength Fitness	11-1p Walking Path	11-1p Walking Path		
	1p Beginner Line Dancing	10a Toddler Story Time	12:30p Bingo!	1p Fun & Games		
	1p Mah Jongg Club	11-1p Pickleball Open Play	1p Intermediate Line Dancing	1p Crafternoon - Knit & Crochet		
		11-1p Walking Path		1p Intro to Watercolor		
		12p Ukulele Lessons - Beg 1		1:15p Trivia & Treats / DECA		
		12:30p Healthy Bowel, Healthy Bladder		6a AA Meeting		
		1p Relax & Rejuvenate				
		6p HACC Book Club				
2	3	4	5	6	7	8
	7-10:00a Walking Path	7-10:00a Walking Path	7-10:00a Walking Path	7-10:00a Walking Path	7-10:00a Walking Path	
	8:30a Fun with Watercolor	9a Muscles in Motion!	7a Holmen Rotary Club	8:45a Mindful Yoga Video	8a Gentle Yoga for Beginners	
	9a StrongBodies Virtual	9a Present Moment Yoga	9a Diamond Art	10a Cardio & Strength Fitness	9:15a Chair Yoga	
	9:15a Chair Yoga	9:30a FREE Hearing Evaluations	9a StrongBodies Virtual	11-1p Pickleball Open Play	10a StrongBodies Video	
	10:30a SimpleSteps Tech Help	10a Cardio & Strength	10a Good News Singers!	11-1p Walking Path	11-1p Walking Path	
	11-1p Walking Path	11-1p Pickleball Open Play	11-1p Walking Path	12:30p Veteran's Services	11a Music w/Greg Grokowsky	
	1p Beginner Line Dancing	11-1p Walking Path	12:30p Bingo!	1p Crafternoon - Knit & Crochet	12:30p Bingo!	
	1p Mah Jongg Club	12p Ukulele Lessons - Beginner 1	1p Intermediate Line Dancing	1p Fun & Games		
	1p Spring Rolls w/Tan Pham	1p Community Crafts	2p Aging w/Confidence	6p AA Meeting		
	6p Holeman Area Historical Society	6p Euchre Tournament	2p A Joyful Life	6:30p Mocktails and Me		
9	10	11	12	13	14	15
	7-10:00a Walking Path	7-10:00a Walking Path	7-10:00a Walking Path	7-10:00a Walking Path	7-10:00a Walking Path	
	8:30a Fun with Watercolor	8:30a Public Health Nurse Visits	7a Holmen Rotary Club	8:45a Mindful Yoga Video	9:15a Chair Yoga Video	
	9a StrongBodies Virtual	9a Muscles in Motion!	9a Diamond Art	10a Cardio & Strength Fitness	10a American Red Cross Blood Drive	
	9:15a Chair Yoga	9a Present Moment Yoga	9a StrongBodies Virtual	11-1p Pickleball Open Play	11-1p Walking Path	
	11-1p Walking Path	10a Veteran's Day Program	10a Good News Singers!	11-1p Walking Path	12:30p Bingo!	
	1p Mah Jongg Club	10a Toddler Craft Time	11-1p Walking Path	1p Fun & Games		
	1p Beginner Line Dancing	10a Cardio & Strength	12:30p Bingo!	1p Crafternoon-Knit & Crochet		
		11-1p Pickleball Open Play	1p Intermediate Line Dancing	6a AA Meeting		
		11-1p Walking Path				
		12p Ukulele Lessons - Beginner 1				
		5p Family Fun Night				

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16	17	18	19	20	21	22
	7a Walking Path 8:30a Fun with Watercolor 9a StrongBodies Virtual 9:15a Chair Yoga 11-1p Walking Path 1p Beginner Line Dancing 1p Mah Jongg Club 2:30p Take Care Documentary Caregive Month	7-10:00a Walking Path 9a Present Moment Yoga 9a Muscles in Motion! 9:30a Hearing Instruments ✓ 10a Cardio & Strength Fitness 11-1p Pickleball Open Play 11-1p Walking Path 6p Euchre Tournament	7-10:00a Walking Path 7a Holmen Rotary Club 9a Diamond Art 9a StrongBodies Virtual 10a Good News Singers 11-1p Walking Path 12:30p Bingo! 1p Intermediate Line Dancing 2p Cozy Readers Book Club	7-10:00a Walking Path 8:45a Mindful Yoga Video 10a Cardio & Strength Fitness 11-1p Pickleball Open Play 11-1p Walking Path 1p Crafternoon - Knit & Crochet 1p Fun & Games 6a AA Meeting	7-10:00a Walking Path 8a Gentle Yoga for Beginners 9a Good Morning Holmen! Topic: DECA Holiday Store 9:15a Chair Yoga 10a StrongBodies Video 11-1p Walking Path 12:30p Bingo!	
23	24	25	26	27	28	29
	7-10:00a Walking Path 8:30a Fun with Watercolor 9a StrongBodies Virtual 9:15a Chair Yoga 11-1p Walking Path 1p Beginner Line Dancing 1p Mah Jongg Club	7-10:00a Walking Path 8:45a Mindful Yoga Video 9a Muscles in Motion! 10a Cardio & Strength Fitness 10a Toddler Story Time 11-1p Pickleball Open Play 11-1p Walking Path 1p Wellness Wisdom Series- Your Guide to a JOYFUL, STRESS FREE SEASON 6p HACC Book Club	7-10:00a Walking Path 9a Diamond Art 9a StrongBodies Virtual 10a Good News Singers 11-1p NO Walking Path 12:30p Bingo! 1p Intermediate Line Dancing	HACC CLOSED HACC CLOSED 		

"Mocktails & Me" Series

Join Heather Quackenboss, Human Development and Relationships Educator from UW Madison Division of Extension in La Crosse County to try some of these beverages and learn a little more about yourself and caregiving.

Thursday, November 6th 6:30 to 7:30 pm
I'll Be On Your CIDE-r

We will try the fire cider (non-alcoholic) which is supposed to help our immune systems and some hot cider while we talk about how to be an advocate for the person we are caring for.

Upcoming Sessions:

Thursday, December 4th 6:30 to 7:30 pm
 Cocoa-Nuts about Caregiving



Holmen Area Community Center
 600 N. Holmen Drive, Holmen WI
www.holmenc.org 608-399-1870



Holmen FAMILY FUN NIGHT

HOLMEN AREA COMMUNITY CENTER

Second Tuesdays this fall from 5:00 - 7:00 Pm

Join us for an evening filled with fun for your entire family!
 Enjoy a shared meal, games, crafts, and activities.

November 11th - Gather and Gratitude

Turkey hunt, pumpkin treats, holiday trivia,
 gratitude crafts + more!



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 600 N. Holmen Drive, Holmen WI
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Where Our Community Gathers!



Veterans Day Program

Tuesday, November 11th
10 - 11:30 am

Veterans Day is celebrated on November 11th to honor all military veterans for their service, sacrifice, and patriotism.

- 10 am Coffee, Cookies & Conversation
 La Crosse County Veterans Services & Holmen Legion Auxiliary
- 10:15 am Good News Singer perform patriotic songs
- 10:30 am Welcome, Pledge of Allegiance and Moment of Silence
 "SimpleSteps Salutes our Vets" by Kathy Helgersen
- 11:30 am Sign-up and stay for the ADRC's Congregate Dining Lunch
 Call the ADRC at (608) 785-5700.



****Senior Nutrition Meals are Hosted at HACC Monday to Friday at 11:30 am**