

CENTER *Happenings*

THE HOLMEN AREA COMMUNITY CENTER NEWSLETTER

OCTOBER 2025 | ISSUE 62

Pumpkin Fest is for Everyone!

Pumpkin Fest is a free, family-focused community event that offers several engaging activities from 10 am - 6 pm.

Trick or Treat on the Halfway Creek Trail Park from 3-6 pm, photo opportunities, Blossom the Donkey, family fun + more! Kid's games, food and fun activities will take place from 3-6 pm with entertainment, music and food at the Community Center.

Start the day off with the Craft and Art Market and Bake Sale to be held from 10-4 pm.

A costumed pet parade will start at 1 pm and be followed by Hans Mayer kids show at 2 pm.

Story time, haunted house and games in the gym from 3-6 pm. Earlier that week go on the Great Pumpkin Hunt and locate the best pumpkin display in the Village of Holmen! Join us for intergenerational fun for everyone in the community!

Thank you to our event sponsors for helping make this event happen for our community. Support those who support the Center! Special thanks to those who helped purchase candy and gave us their Thrivent Action Team dollars for this event!

HOLMEN AREA COMMUNITY CENTER

Activities all Day!

Safe Family Fun!

Free to the Public!

Fourth Annual PUMPKIN FEST!

Saturday, October 25th

AT THE HOLMEN AREA COMMUNITY CENTER

10:00- 4:00 PM:
CRAFT & ART MARKET
BAKE SALE (or until gone!)

1:00 PM:
COSTUME PET PARADE

2:00 PM:
HANS MAYER KIDS SHOW

3:00- 6:00 PM:
KIDS GAMES & ACTIVITIES

MORE HERE:



11:00 AM- 5:00 PM:
FUN FOOD FOR SALE!

AT THE HALFWAY CREEK PARK AND TRAIL

3:00- 6:00 PM:
TRICK OR TREAT ON THE DECORATED PUMPKIN TRAIL

FUN FAMILY PHOTO STATION

MEET BLOSSOM THE DONKEY + MORE!

*Trick or Treat Trail will be moved to HACC in case of inclement weather



SPONSORS





HOLMEN AREA COMMUNITY CENTER

Thank you to the Village of Holmen and the Holmen School District



608-399-1870 or info@holmenccc.org



How can you help us during Pumpkin Fest?

If you want to help support Pumpkin Fest you can by donating a bag of candy for the kids to be given on the Trick or Treat Decorated Pumpkin Trail. We are also looking for donations for the Bake Sale. Participate in the Craft & Art Market, Pumpkin Art Contest, and if you love kids you can help by volunteering on the night! Attend for fun!





MEMBERSHIP NEWS

October Birthdays

Bill Andersen
Richard Anderson
Bethany Baumbach
Debi Blankenship
Cathy Braund
Emma Brezinka
Patrick Cavadini
Ellen Grah
Ruth Ann Granum
Edward Hawkins
Irene Ihle
Jean Justus
Laurie Kessler
Margaret Lee
Cheryl Mackay
Karan Mathison
Sharon McHugh
Carolyn McNurlen
Calvin Mensing
Catherine Moe
Sherri Murphy
Nickoli Nelson
Linda Pierce
Joyce Pryor
Cathy Reincke
Carol Rindahl
Scott Ryan
Joanne Stendalen

Jackie Thompson
Bonnie Tolvstad
Mark Trehey
Vickie Walley
Susan Weber



*Welcome New Members
from September*

**Frances Bjerke
Kevin Caulum
Marilyn Caulum
Deb Deml
Thomas Deml
LuAnne Ekern
Donna Elsen
Judy Johnson
Kristin Musgjerd
Linda Thorson
Larry Thorson**

HELP US GROW!

WALK YOUR NEIGHBORHOOD

INTRODUCE HACC TO A NEIGHBOR - IF THEY JOIN - YOU RECEIVE:
\$10.00 IN PREPAY + ENTRY INTO A DRAWING!

hello

HOLMEN AREA COMMUNITY CENTER

Pick up a packet of door hangers from the front desk.
Walk your neighborhood to help us get the word out!
Now through October

Where our Community Gathers

HACC VOLUNTEERS

Volunteers are an essential part of the Holmen Area Community Center. We could not accomplish everything we do throughout the year without help from our amazing volunteers. Each month, we will recognize our volunteers and share their stories.

Our Volunteer Hours for September = 109+

We are grateful for community members who volunteer to help us with family friendly programming! Family Fun Night, Toddler Crafts and Toddler Story Time are amazing programs that offer fun, engaging activities for families each month. It takes dedicated volunteers to make these programs successful and we greatly appreciate all who help us in so many ways! Below are a few volunteers who have helped us this year...



AL & SANDY
HUTSON



CLARE KIRKLAND,
JANET BETZ &
PAM BENDEL



STEVE ALBITZ
SHARI EBERHARDT



CECE
MULLENBACH



SANDY HUTSON
DEBBIE MAYFIELD



DEBBIE
ANTONI



SUE KLIEN
MARY JOHNSON



RUTH SCHOLZE, SCOTT
MARSHALL, & PATTY SHEPARD



ELLEN GRAH



PATTY BAGNIEWSKI



RUTH
SCHOLZE

Volunteers don't get paid, not because they're worthless, but because they're priceless.




Upcoming Opportunities

Volunteering offers numerous benefits as we age, including improved mental health and a renewed sense of purpose and social connection. Below are a few HACC volunteer opportunities:

- Family Fun Night (Fall series: Sept, Oct & Nov; Spring Series: Feb, March & April)
- Toddler Story Time Readers (1 x per month - Sept to May)
- Event Volunteers (Oct 25: Pumpkin Fest, Dec 7: Brunch with Santa and Mrs. Claus)

Please contact us if you are interested in becoming a volunteer!

Community Education and Resources



THE HUMAN LIBRARY
MONDAY
OCTOBER 6TH
6:00 PM
HOLMEN AREA HISTORICAL SOCIETY

THE HUMAN LIBRARY
"Reaction, Revolution, and Reform"
OPEN TO THE PUBLIC

HOLMEN AREA
COMMUNITY CENTER
600 N. HOLMEN DRIVE
HOLMEN, WI



Good Morning Holmen!
Friday, October 17th from 9 - 10 AM
Join us early for coffee and conversation
Third Friday each month attend our educational program that offers a variety of fun and interesting topics!

Creative Women Entrepreneurs
Join us to learn about local women who have built their talents into businesses in the Holmen and Greater La Crosse Area
Sara Burns - Omega Bakery Amanda Zieba - Author
Allison Sky - Singer Songwriter Lori Ehlike - Artist

CONTACT US FOR MORE INFORMATION:
608-399-1870
WWW.HOLMENCC.ORG



"Mocktails & Me" Series

Join Heather Quackenboss, Human Development and Relationships Educator from UW Madison Division of Extension in La Crosse County to try some of these beverages and learn a little more about yourself and caregiving.

Thursday, October 2nd 6:30 to 7:30 pm
How to Care and Still Be a Fun-gi! (Fun guy!)
Try the mushroom coffee that is supposed to help our mental acuity while we learn how to have a little fun in the seriousness of caregiving.

Upcoming Sessions:
Thursday, November 6th 6:30 to 7:30 pm
I'll be on your CIDE-r
Thursday, December 4th 6:30 to 7:30 pm
Cocoa-Nuts about Caregiving



Holmen Community Wellness Checks
HOLMEN AREA COMMUNITY CENTER
Each Thursday 8:30 am - 2 Pm
September 4th - October 23rd

In partnership with the Winona State University Nursing Program. The following services will be offered at the Holmen Area Community Center FREE to the public.
Please call us to reserve your Wellness Check spot!

- Blood Pressure Checks
- Fall Risk Assessments
- Medication Education
- Basic Foot Care
- Skin Assessments
- Hearing and Vision Checks
- One-to-One Wellness Visits
- Memory Screens
- Health & Wellness Education
- Parkinson's and Dementia Education

Holmen Area Community Center
608-399-1870
600 N. Holmen Drive www.holmencc.org



Where Our Community Gathers!

Reading in October Cozy Readers

"The Measure" by Nikki Erlick

Page Turners

"The Island of Sea Woman" by Lisa See



Community Education and Resources



LA CROSSE COUNTY VETERANS SERVICES

2025

VETERAN'S BENEFITS CHECK-UP

- 2nd Annual Veteran's Benefits Check-Up Series
- Hosted by La Crosse County Veteran Services
- Mini Expo to Learn about VA Benefits and Healthcare
- Meet Local Veteran Focused Vendors

Holmen Community Center
Thursday, October 9th, 2025, from 8:30am -11am
600 N. Holmen Drive, Suite 200, Holmen, WI 54636
**Pastries and Coffee provided*

Onalaska American Legion Post 336
Saturday, October 11th, 2025, from 11am-2pm
731 Sand Lake Road, Onalaska, WI 54650
**Lunch available for purchase*



Connect2Nature

Third Tuesdays 1 to 2 pm

Connect2 Nature is a monthly educational program offering a variety of engaging nature topics!

Tuesday, October 21st 1 to 2 pm

Colors of the Refuge
Colors of the Refuge shares some of the beautiful colors of the Upper Mississippi Refuge, highlighting birds.
Presented by local photographer, Bruce Bartel

Holmen Area Community Center
600 N. Holmen Drive, Holmen WI
www.holmencc.org 608-399-1870

Where Our Community Gathers!



SimpleSteps


FREE Tech Help

Every Other Monday
October 6th & 20th
10:30 am - 12 pm

Do you have questions about your cell phone, tablet or laptop?

Please contact us to schedule an appointment.

Kathy@SimpSteps.com



LA CROSSE COUNTY

PUBLIC HEALTH NURSE VISITS

SECOND TUESDAYS 8:30 - 11 AM

Health Checks
Information & Education
Free monthly service.
Open to the public.

Holmen Area Community Center
600 N. Holmen Drive, Holmen WI
www.holmencc.org 608-399-1870

The greatness of a community is most accurately measured by the compassionate actions of its members.

Coretta Scott King



Fitness, Health and Wellness

Relax and Rejuvenate for Whole Body Wellness



Tuesday, October 28
1 to 4 pm



Join us for an afternoon of insights, pampering, and renewal!

1:00–2:15 pm - Cellular Nutrition with Spa Facial presented by,
Carol Ebert, RN - Wellness Pioneer & Coach

2:15–2:30 pm - Refreshment Break

2:30–3:45 pm - Reiki Energy with Vicki Domier, RN - Reiki Master, Energy Practitioner
Sound Therapy with Laurie Cafe - Certified Sound Healer

3:45–4:00 pm - Q&A and Closing



Holmen Area Community Center
600 N. Holmen Drive, Holmen WI
www.holmencc.org 608-399-1870

*Where Our
Community
Gathers!*



Oct 14 - Nov 18

\$5
Members
\$10
Non-members

Present Moment Yoga Tuesdays 9 - 10 am

This class will work on pairing our breath with movement.
Yoga poses and breathing techniques will be utilized to increase
strength/flexibility while maintaining a more relaxed state of mind.
Yoga Instructor: Carol Kohner



Holmen Area Community Center
www.holmencc.org 608-399-1870

*Where Our
Community
Gathers!*

Gentle Yoga for Beginners with Sam Bigalke



Every Other
FRIDAY
8 - 9 am

October 10 & 24
November 7 & 21

Members \$5
Non-Members \$10



CONTACT US FOR MORE INFORMATION:
608-399-1870
WWW.HOLMENCC.ORG



FREE
Members
\$5
Non-Members

Pickleball Open Play

Tuesdays & Thursdays
11 am to 1 pm



*Where Our
Community
Gathers!*



Members
\$5
Non-Members
\$10

Beginner Line Dancing Classes Mondays 1 - 2 pm

Get ready to kick up your heels and join us for a toe-tapping good time!
No experience necessary.

Intermediate Line Dancing Classes Wednesdays 1 - 2 pm

Intermediate line dancing classes teach more complex, longer step combinations,
patterns, and choreography building on foundational skills.
Instructor: Amy Etrheim



Holmen Area Community Center
608-399-1870
600 N. Holmen Drive www.holmencc.org

Walking Path Hours

Monday - Friday
7 - 10 am
11 am - 1 pm



Arts, Entertainment and Community!

Community Crafts

with Jackie & Pam

**Tuesday
October 7th
1 - 3 pm**

Craft Project:
Button Pumpkin

Join us once a month for this fun,
social, crafting experience!

Cost: \$5 per person

All supplies provided.
Class size limited, registration encouraged.



Intro to Watercolor I

**Each Thursday
October 2nd - 30th
1:00 - 3:00 pm**

If you have never painted in watercolor and have always wanted to learn how, this is your chance! The very basics of this art medium will be explored, and beautiful creations will happen during this six week session.

Members \$20 / Non Members \$25

Please request a supply list from HACC
An additional fee for supplies will be paid to the class instructor upon first class.

Instructor: Judy Proett Bell



Intro to Ukulele

Ukulele Lessons for Beginners

**Tuesdays
October 28; November 4 & 11
12:00 to 1:00 pm**

Join Cheri Schuyler, a retired music teacher and the music director for CheezLand Uke Band, for a three-part series of beginner ukulele lessons. Each class builds on the previous one, so it is best if you can make all three sessions.

You do not miss any of the fun!

Ukuleles are available for people to try during lessons.



Holmen Area Community Center
608-399-1870
600 N. Holmen Drive www.holmencc.org

Members
FREE
Non-Members
\$5

Good News Singers

**Fall Gospel Concert
Wednesday, October 22nd
10 - 11 am**



HOLMEN AREA COMMUNITY CENTER

HORSE RACING GAME

**2ND & 4TH
WEDNESDAYS
2 - 3 PM**

This is a game of chance and
anybody can win! Simple rules
make it easy to learn and play!
Join the fun and win a prize!



608-399-1870
HOLMENCC.ORG

Where our
community
gathers!



Music with

**GREG
GROKOWSKY**

First Fridays

Oct 3, Nov 7 and Dec 5
11 am - 12 pm

Family Friendly Programming



Holmen FAMILY FUN NIGHT

HOLMEN AREA COMMUNITY CENTER

Second Tuesdays this fall from 5:00 - 7:00 Pm

Join us for an evening filled with fun for your entire family!
Enjoy a shared meal, games, crafts, and activities.

October 14th - Spooktacular Family Fun
Glow in the dark dance party, spooky snacks, creepy crafts, frightful food + more!

 **Holmen Area Community Center**
600 N. Holmen Drive, Holmen WI
www.holmencc.org 608-399-1870 

Muscles in Motion

Tuesdays 9 -10 AM
September 2025 - May 2026

Muscles in Motion is a shared time for parents, grandparents, or caregivers to participate with their toddler or preschooler in open-ended physical activities. Get ready to move! It's FREE!

Toddler Craft Time - 2nd Tuesdays at 10 AM
Toddler Story Time - 4th Tuesdays at 10 AM

HOLMEN AREA COMMUNITY CENTER
600 NORTH HOLMEN DRIVE, HOLMEN, WI



Holmen FAMILY FUN NIGHT



November 11th
5 - 7 pm
Gather & Gratitude



Activities all Day!

Safe Family Fun!

Free to the Public!

PUMPKIN FEST!

Saturday, October 25th

Holmen Area Community Center:
Craft & Art Market, Bake Sale, Concessions, Costume Pet Parade, Entertainment, Halloween Story Time, Kids Games and More!

Halfway Creek Park:
Trick or Treat on the Decorated Pumpkin Trail

Holmen Area Community Center
600 N. Holmen Drive, Holmen, WI 54636 www.holmencc.org



Where Our Community Gathers

September Happenings at the Center

Holmen Get Together 5th Anniversary Celebration



"Rustic Barn in Acrylic" Instructor, Lori Ehlke



Family Fun Night "Fall Back to Nature"



Community Crafts with Jackie and Pam "Fall Gnomes"



Good Morning
Holmen! Coulee Region
Wood Carvers

