

CENTER *Connections*

THE HOLMEN AREA COMMUNITY CENTER NEWSLETTER
SEPTEMBER 2026 | ISSUE 71



Jodi Tamminga

For more than two years, Jodi has brought warmth, dedication, and professionalism to everything she did. Her ability to make everyone feel welcome and cared for has made a lasting impact on our members and strengthened our organization. Since Jodi's arrival, the Community Center has grown to more than 530 members. Her expertise with our SchedulesPlus membership system has been invaluable, while her exceptional organizational skills and professionalism have helped keep our operations running smoothly. We are incredibly grateful for all that Jodi has contributed to the Holmen Area Community Center. She will be greatly missed by our staff, volunteers, and members.

- Robin

Dear Friends,

Over the past seven months, I've been adjusting to life after the loss of my husband and beginning a new chapter on my own. Recently, I took a two-week trip out West and realized how much there is still to experience—and that I need to embrace it while I can. So, back to retirement and all that life holds for me. I cannot express how deeply HACC has impacted my life over the past two years. Meeting and greeting you each day brought smiles to even the gloomiest times, and watching our membership grow has filled me with immense joy. The support of the HACC board, staff, and –most of all–you, the members, has been instrumental in helping me move forward. I will always be grateful for that. Now, as I begin another chapter, you're not rid of me yet! I look forward to helping with the transition, continuing as a member, and staying involved with the "One"derful One initiative. From the bottom of my heart, thank you for everything you've done for me. HACC is an incredibly special place that continues to bless everyone who walks through its doors. With gratitude, - Jodi

*Jodi's last day work day will be
Monday, August 31st - Join us for
refreshments and treats anytime
from 9:00 am - 12:00 noon*



*We will
Miss you
Jodi!*

*"Our mission is to sustain an inclusive, welcoming
community center that connects all generations"*

It's Time for Pumpkin Fest 2026

HOLMEN AREA COMMUNITY CENTER

Activities all Day!

Safe Family Fun!

Fifth Annual PUMPKIN FEST!

Free to the Public!

Saturday, October 24th

HOLMEN AREA COMMUNITY CENTER 9:00 AM - 2:00 PM: CRAFT & ART MARKET BAKE SALE (or until gone!) 10:00 AM - 2:00 PM: FAMILY RESOURCE FAIR FUN FOOD FOR SALE! 11:00 AM - 2:00 PM: KIDS GAMES & ACTIVITIES 1:30 PM: COSTUME PET PARADE	MIDDLE SCHOOL TRACK 9:00 AM - 9:30 AM REGISTRATION 9:30 AM - 10:30 AM COSTUMED FAMILY FUN WALK/RUN (Free Entry) MORE HERE: 	HALFWAY CREEK PARK AND TRAIL 11:00 AM - 2:00 PM: TRICK OR TREAT ON THE DECORATED PUMPKIN TRAIL FUN FAMILY PHOTO STATION MEET FUN FARM ANIMALS + MORE! *Trick or Treat Trail will be moved to HACC in case of inclement weather
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Pumpkins Decorated by Holmen 5th Graders

SPONSORS



Altra
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HOLMEN AREA
FOUNDATION



Edward Jones
MAKING SENSE OF INVESTING
Barry Ploestl, CFP, AAMS



HOLMEN HBA
BUSINESS ASSOCIATION



WNB FINANCIAL
MORE THAN A BANK



RIVERLAND
Energy Cooperative



Fleis Insurance



festival



Kwik Trip



ECKERS



FERGUSON'S ORCHARDS



BUBBA'S MEATS



HOLMEN AREA COMMUNITY CENTER

Thank you to the Village of Holmen and the Holmen School District



BOYS & GIRLS CLUBS

Save the date for this great family friendly event!

Pumpkin Fest is a free, family-focused community event that offers several engaging activities from 9 am - 2 pm.

Trick or Treat on the Halfway Creek Trail Park from 11 am - 2 pm, photo opportunities, cute farm animals family fun + more!

Kid's games and fun activities will take place from 11 am - 2 pm with music, entertainment, and food at the Community Center.

Start the day off with the Craft and Art Market and Bake Sale to be held from 9 am - 2 pm.

The costumed pet parade will start at 1:30 pm.

New this year will be a Costume Family Walk Run partnered with family health resources. The Walk Run will start at 9:30 am on the Middle School Track. Registration starts at 9:00 am. Awards for Best Costume Theme, Most Generations Represented and Largest Group.

In the weeks leading up to the Fest go on the Great Pumpkin Hunt and locate the best pumpkin display in the Village of Holmen! Join us for intergenerational fun for everyone in the community!

If you want to be involved: Sign up to volunteer, be one of our craft vendors, create something for the art contest, make something for the bake sale or donate a bag of candy for the kids to be given on the Trick or Treat Decorated Pumpkin Trail.



**Join us for the First
Community Table on
Tuesday, September 22nd
5:00-7:00 pm**

We are proud to announce a new partnership with the Holmen Area Community Center, the Holmen Area Rotary Club, Holmen's Hope and the Holmen Area Foundation to bring back the Holmen Community Dinner. Meals will once again be prepared and served by a different volunteer organization each month. Community members and families will enjoy a free meal once a month and have the opportunity to share and connect for support and resources. Get involved as a volunteer or an organization. Set your calendar to join us the fourth Tuesday of each month at the Holmen Area Community Center.



Gather Together **Respite Program**



Looking for a safe, engaging place for your loved one to spend time, connect with others, and enjoy meaningful activities?

Gather Together offers a warm, welcoming respite experience designed especially for adults living with Mild Cognitive Impairment (MCI) and early stages of dementia.

A Few Hours of Connection Can Make a Difference!

Gather Together provides participants with a place to belong, connect, and enjoy the moment—while offering caregivers valuable time for rest, errands, appointments, or simply a much-needed break.

Participants will enjoy:

- Engaging activities and conversation
- Opportunities for friendship and social connection
- A welcoming, supportive environment
- Trained volunteers and staff
- Meaningful experiences that encourage participation and independence

To learn more about application process, please contact

**Amy Brezinka at (608)-399-1870 or
programs@holmencc.org**

Starting This Fall - Volunteers needed



Gather Together

Volunteers Needed

The Holmen Area Community Center is launching the Gather Together Respite Program, and we are looking for caring, dependable volunteers to join us.

Volunteers will provide one-on-one support and companionship to participants living with mild cognitive impairment (MCI) and early onset dementia. Your presence can help participants stay socially engaged, enjoy meaningful activities, and feel connected in a welcoming community setting.

Volunteer Commitment

Once or Twice a month on First and Third Wednesdays from 10:00 am – 2:00 pm (4 hours per shift)

September Training

Volunteer training will begin in September and will prepare you to feel confident and comfortable supporting participants in the Gather Together program.

What You'll Do

Volunteers may spend time visiting with participants, participating in activities, offering encouragement, and providing friendly one-to-one companionship and support.

Activities and Engagement

Gather Together Respite Program volunteers provide one-on-one support and encourage participants to take part in a variety of engaging activities, creative projects, social opportunities, and brain-stimulating exercises. Activities are designed to promote connection, independence, confidence, and a sense of belonging while creating a welcoming and inclusive environment.

Volunteers will help facilitate activities based on each participant's interests, abilities, and comfort level. The goal is to ensure that every participant has opportunities to engage, connect with others, and enjoy a positive and enriching respite experience.

Examples of HACC Programs and Activities Include:

- ADRC Lunch Program
- BINGO and other games
- Walking Path and fitness programs
- Live music and entertainment
- Community crafts and art programs
- Brain games and dementia-friendly activities

"People will forget what you said, but they will never forget how you made them feel."

— Maya Angelou

"While no one can change the outcome of dementia or Alzheimer's, with the right support you can change the journey." – Tara Reed

Who We're Looking For

We welcome volunteers who are patient, compassionate, dependable, and comfortable spending time with adults experiencing memory loss. No specialized experience is required—training and guidance will be provided.

Give four hours. Make a lasting connection. Join Gather Together!

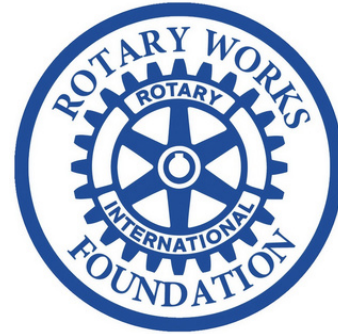
For more information or to volunteer, please contact:

Amy Brezinka, HACC Program Director at 608-399-1870 or programs@holmencc.org

Celebrating



GENEROSITY



Thank you to Rotary

Very special thanks to the Holmen Rotary Club and the Rotary Works Foundation for their support this year and each year.

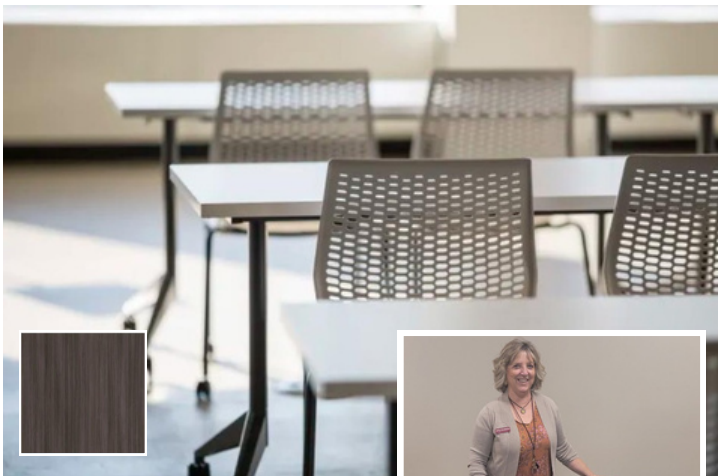
Holmen Rotary meets here at the Holmen Area Community Center each Wednesday at 7:00 am. Rotary has been a valued partner in so many areas. This year they have supported our Cheese Fest Fundraiser and our upcoming Santa and Mrs. Claus Brunch in December.

The Rotary Works Foundation purchased 4 more training tables for the Center this year, to be used in our small conference room.

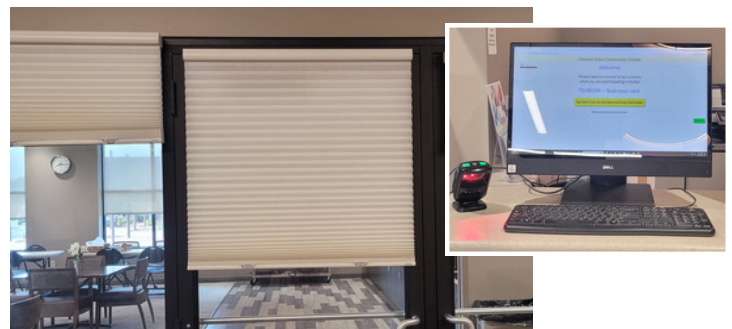
These tables allow us to use the room for multiple purposes. We have been borrowing tables from the Boys and Girls Club and are happy to have our own tables for this room.

The Rotary Works Foundation, a 501 (c) 3 organization, encourages Rotarians to enact the Rotary Four Way Test by financially supporting local and international charitable and educational activities.

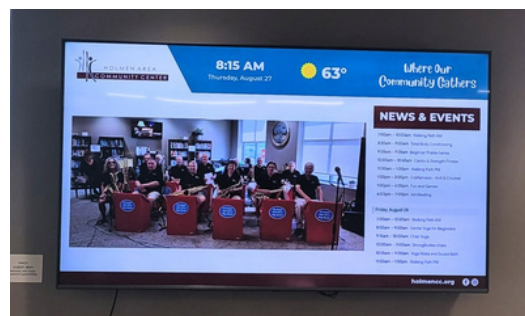
Rotary Works has been a supporter of the Holmen Area Community Center several times in our history. Our small conference window shades and check in station were supported by the Rotary Works Foundation along with the large screen TV in our Dining Room. This new project of training tables for our conference room is another example of the commitment Rotary Works has made to the Community Center and our overall community.



The new tables are set to arrive on Tuesday, September 8th, in time for our new Fall programming.



The window shades help to provide privacy for programs. Our check in station is used daily.



The large screen TV allows our schedule and presentations to be better viewed by participants.

Creative Cultures COMMUNITY COLLAB

Thursday October 15th
Workshop from 4-7 pm

Fee: Members \$50 Non Members \$55



*The first
October event
will explore
German
Heritage.*

*Join us for a workshop to
learn to paint German
barn quilt squares.*

GERMAN BARN QUILT SQUARES

Local artist Julie Jennings will help you select a pattern, colors, and guide you through the process of creating a 1' x 1' wooden square. Barn Quilt designs can be used as decoration in many applications.

Our new Creative Cultures - Community Collab is a cultural arts and educational program to promote the diverse cultural heritage of our region. The program will explore art, craft and traditional skills to promote community identity and intergenerational learning. We plan to collaborate with the local art community, the Holmen Area Historical Society, the Holmen School District, and community members to develop the program and select workshops that reflect the heritage of our community. Our goal is to provide a new and meaningful way to connect our growing population in an intergenerational setting where adults and children can engage and learn from each other.



"This program is supported in part by a grant from the Wisconsin Arts Board with funds from the State of Wisconsin and the National Endowment for the Arts."

MIGHTY RIVER Art Studio Tour

SEPTEMBER 12 & 13, 2026
10 AM - 4 PM

Stop #16 on the Tour!

16

Holmen Area Community Center

The Mighty River Art Studio Tour is a FREE self-guided art tour taking place along the Mighty Mississippi River. Art studios and galleries participating in the tour are located in Wisconsin from Galesville to Stoddard along the Mississippi River Valley. This is more than a walk through art spaces; it's a celebration of imagination. Many of the participating artists will welcome you into their personal workspaces. Visitors can have real conversations with artists and an opportunity to ask about their process and inspiration. So bring your curiosity and a fellow art adventurer who loves a scenic drive to enjoy a weekend of color, creativity, and artistic community.

FACES AND PLACES OF YOUR COMMUNITY

AUGUST 15 - SEPTEMBER 30

Be Inspired by Your Community!

Enjoy our current art exhibition of the Faces and Places of our community that will be on display through the end of September. We thank all of our local artists who contribute work to showcase on our gallery wall.

**The Next Call to Artists is
Pumpkins and Ghouls!**

OCTOBER 1 - NOVEMBER 15



MEMBERSHIP NEWS

Welcome
August

SEPTEMBER BIRTHDAYS New Members

Barbara Anderson
Duane Baardseth
Milton Britt
Judy Butzman
Linda Davis
Gail Dent
Kelly Dunn
Kathy erlandson
Scott Grade
Todd Hanson
Roz Hundt
Todd Hundt
Cecilia Isbell
Morgan Jostad
Ruth Jostad
Allison Kaio
Barbara Larsen
Karen Lown
Duane Mandt
Patricia Marshall
Judy McHugh
Kay Metcalf
April Miller
Barbara Milne
Leif Nelson
Dennis Peterson
Charlene Purnell

JStephen Rosendale
Jann Ryder
Pat Smith
Sandra Taylor
Keith Valiquette
Leona Vande Vrede
Unja Varnum
Glen Vilim
Pam Viner
Barb Weinberger
Greg Zeller
Mike Zoeller

Cathy Fremstad
Sharon Lennert
Barb Opsahl
Tom Williams
Wendy Williams



September is a month for
love, for family, and for
friends.

HACC VOLUNTEERS

Volunteers are an essential part of the Holmen Area Community Center. We could not accomplish everything we do throughout the year without help from our amazing volunteers. Each month we will recognize our volunteers and share their stories.

Our Volunteer Hours for August = 178

A huge THANK YOU to all of the incredible volunteers who represented the Holmen Area Community Center at National Night on August 4, 2026!

Volunteers greeted families, shared information about our Center, played the Dice Game with kiddos, and simply helped make the evening run smoothly. Thank you for helping us build a stronger, more connected community—one conversation at a time. We couldn't do it without our dedicated volunteers!



Kathy Landsinger, Todd Trautmann,
and Jim Welanders



Berta Phillippi, Betty Baird,
and Shari Eberhardt



Sandy Taylor (Luigi)

Upcoming Opportunities

Volunteering offers numerous benefits as we age, including improved mental health and a renewed sense of purpose and social connection. Below are a few volunteer opportunities:

- Family Fun Night - Fall Series: Sept, Oct, Nov
- Toddler Story Time Readers- 1 x per month - Sept to May 2027
- Gather Together Respite Program - 1 x per month - Oct to Dec
- Pumpkin Fest- Saturday, October 24, 2026

Please contact us if you are interested in becoming a volunteer!



Fitness, Health and Wellness

Weekly Fitness Schedule

Total Body Conditioning

Mondays & Thursdays
8:30 to 9:10 am

A beginner-friendly full-body workout that blends light cardio, bodyweight exercises, and basic strength training.
Instructor: Jordan Tredinnick



Beginner Pilates

Thursdays
9:20 to 10:00 am

This beginner-friendly Pilates class focuses on simple, low-impact movements to strengthen your core, improve posture and balance.
Instructor: Jordan Tredinnick



Members
\$5
Non-Members
\$10

INSTRUCTOR LEAD CLASSES

\$5 Members | \$10 Non-Members

VIDEO CLASSES

FREE Members | \$2 Non-Members

MONDAY

Walking Path: 7 - 10 am

Total Body Conditioning Series: 8:30 - 9:10 am

Chair Yoga with Marty: 9:15 - 10:00 am

Cardio Fitness Workout Video: 10 - 10:45 am

Walking Path: 11 am - 1 pm

Beginner Line Dancing: 11:30 am - 12:30 pm

TUESDAY

Walking Path: 7 - 10 am

Cardio & Strength Fitness Video: 10 - 10:45 am

Walking Path: 11 am - 12 pm

Pickleball Open Play: 12 - 2 pm

WEDNESDAY

Walking Path: 7 - 10 am

Chair Yoga with Sarah Fox: 8:30 - 9:15 am

Wall Pilates for Beginners: 9:30 - 10:15 am

Sound Healing w/Laurie: Sept 9th 10:30 - 11:30am

Cardio Fitness Workout Video: 10:30 - 11:15 am

Walking Path: 11 am - 1 pm

Intermediate Line Dancing: 12:30 - 1:30 pm

THURSDAY

Walking Path: 7 - 10 am

Total Body Conditioning Series: 8:30 - 9:10 am

Beginner Pilates Series: 9:20 - 10:00 am

Cardio & Strength Fitness Video: 10 - 10:45 am

Walking Path: 11 am - 12 pm

Pickleball Open Play: 12 - 2 pm

FRIDAY

Walking Path: 7 - 10 am

Gentle Yoga w/Samantha: Sept 11 & 25 at 8 - 9 am

Chair Yoga w/Samantha: Sept 11 & 25 at 9:15 - 10 am

Yoga Nidra & Sound Bath: Sept 25 at 10:15 - 11 am

StrongBodies Video: 10 - 11 am

Walking Path: 11 am - 1pm



Pickleball Open Play
Tuesdays & Thursdays
12:00 to 2:00 pm

Open play is a time for pickleball players, of any skill level, to play on the courts and practice new skills. We have two courts, one will be designated for beginners and another for intermediate players.
We have a supply of pickleball equipment (paddles and balls) if needed.
FREE Members | \$5 Non-Members

Holmen Area Community Center
608-399-1870
600 N. Holmen Drive www.holmencc.org

Where Our Community Gathers!

SOUND HEALING

Wednesday, September 9th
10:30 to 11:30 am

Wisdom of the Soul Wellness & Learning
Using a variety of instruments—anchored by the precision and subtle power of tuning forks—each session is a sacred invitation to return home to yourself. Step into stillness. Breathe into release. Leave with more light, more ease, and more of you.
Instructor: Laurie A Cafe, Certified Sound Practitioner



Members
\$5
Non-members
\$10

Community Education and Resources

I Don't Want To Cook Yet Here We Are

**Thursday
September 3rd
6 to 7 pm**

Join us in looking at simple things we can do to make sure we eat, snacks that we can always have ready, meal prepping for a longer periods of time, and making food for one person.

We will also look at what foods are more beneficial when we are living with stress, overwhelm, and/or fatigue. Presented by Heather Quackenboss



Upcoming Sessions:

Thursday, October 1st 6 to 7 pm
I Love You and I Hate You

Thursday, November 5th 6 to 7 pm
Extra Baggage



Empowering Adults with Essential Tech Skills

Tuesday, September 15th at 1:00 pm

Want to learn more about your cell phone or iPad? Join our beginner-friendly computer and phone course designed specifically for adults who want to explore technology in an easy and enjoyable way! Instructed by Karla Walker

FREE
Members
\$5
Non-members



Holmen Area Community Center
600 N. Holmen Drive, Holmen WI
www.holmenc.org 608-399-1870

"Mocktails & Me" Series

Join Heather Quackenboss, Human Development and Relationships Educator from UW Madison Division of Extension in La Crosse County to try some of these beverages and learn a little more about yourself and caregiving.

Monday, September 14th 2 to 3 pm
How to be your Cherry Best

Try the tart cherry drink that is supposed to help us sleep better while we talk about being the best we can when we do not feel our best.

Upcoming Sessions:

Monday, October 12th 2 to 3 pm
How to care and still be a Fun-gil! (Fun guy!)

Monday, November 9th 2 to 3 pm
I'll be on your CIDE-r



Holmen Area Community Center
600 N. Holmen Drive, Holmen WI
www.holmenc.org 608-399-1870



*Third Thursday
each month!*

*Coffee and
Treats start
at 8:00 am*

Hello Holmen!

Thursday, September 17th 8:30 - 9:30 am

Brain Healthy Lifestyle: Understanding Brain Health

Learn how the brain changes with age, what distinguishes normal aging from dementia, and what "brain health" means. We'll highlight the roles of nutrition, exercise, cognitive activity, and social engagement, along with easy ways to integrate them into daily life. You'll also receive resources to help you get involved locally and take action toward a brain-healthy lifestyle.

Presented by, Kelsey Flock & Rebecca Kamrowski, ADRC
CJ Werley, Alzheimer's Association, Wisconsin Chapter



HOLMEN AREA COMMUNITY CENTER
608-399-1870 WWW.HOLMENC.ORG



**Monday
September 21st
10 am - 3 pm**

**600 North Holmen Drive
Holmen, WI**

Pre-register with the American Red Cross
www.redcross.org



Reading in September 2026

Cozy Readers (4th Weds. at 2pm)

"The Silent Patient" by Alex Michaelides

Page Turners (3rd Tues at 6 pm)

"The Lion Women of Tehran" by Marjan Kamali

Arts, Entertainment and Community!

Community Crafts

with Jackie & Pam

**Tuesday
September 1st
1 - 3 pm**

Craft Project:
Seasonal Pins

Join us once a month for this fun and
social, crafting experience!

Cost: \$5 per person

All supplies provided. Registration encouraged.



Holmen Area Community Center
608-399-1870 | www.holmencc.org

*Where Our
Community
Gets Creative!*

Sound Waves

with Allison Sky

**Wednesday, Sept 16th
Monday, Sept 28th
6 to 7 pm**

A relaxing, immersive sound bath experience
featuring the soothing vibrations of crystal
and metal singing bowls, accompanied by
Allison's voice and intuitive vocal sounds.

Bring a yoga mat, blanket, pillow, or anything
else you need to get comfortable.

No experience is necessary. Just come as you
are, breathe, and receive.

\$5 Members | \$10 Non-Members



Holmen Area Community Center
600 N. Holmen Drive, Holmen WI
www.holmencc.org 608-399-1870

*Where Our
Community
Gathers!*



Spring Rolls with Tan Pham

**Tuesday, September 8th
1:00 to 2:00 pm**



Join Tân Pham in learning how to make
delicious and healthy spring rolls.
Tân will demonstrate and share how to
immerse yourself in Vietnamese culture.



Holmen Area Community Center
608-399-1870
600 N. Holmen Drive www.holmencc.org

*Where Our
Community
Gathers!*



**FREE
Members
\$5
Non-members**

NEW Wood Carvers Group

**Each Thursday
1 to 4 pm**

Are you a wood carver? Do you want to learn about wood carving?
Join this social group to connect with other wood carvers, do some
carving and to learn more about this art form!



Holmen Area Community Center
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www.holmencc.org 608-399-1870

*Where Our
Community
Gets Creative!*

EUCHRE EVENING OPEN PLAY



**Second and Fourth Monday
6:00 to 8:30 pm**

Join us for an evening of Euchre Open Play!
This is a friendly, non-competitive, group that simply
enjoys playing Euchre and socializing.

All are welcome!

Fun with Watercolor

Mondays 8:30 - 10:30 am

Social and fun! This group is for watercolor enthusiasts
who love sharing and learning to fine tune their craft.
The group is willing to explore new techniques and to
instruct with simple to more challenging projects.



*All Levels
Welcome!*

Family Friendly Programming



Holmen FAMILY FUN NIGHT



HOLMEN AREA COMMUNITY CENTER

Second Tuesdays this fall from 5:00 – 6:30 Pm

Join us for an evening filled with fun for your entire family!
Enjoy a shared meal, games, crafts, and activities.

September 8th - Fall Back to Nature

Scavenger Hunt, Apple Tastings, Creative Art with Natalie,
Learn about local wildlife and Happy Dancing Turtle + more!

UPcoming Sessions: October 13th and November 10th

Holmen Area Community Center
600 N. Holmen Drive, Holmen WI
www.holmencc.org 608-399-1870



Muscles in Motion

Tuesdays 9 -10 AM

September 1, 2026 - May 25, 2027

Muscles in Motion is a shared time for parents, grandparents, or caregivers to participate with their toddler or preschooler in open-ended physical activities. Get ready to move! It's FREE!

Toddler Craft Time - 2nd Tuesdays at 10 AM

Toddler Story Time - 4th Tuesdays at 10 AM

HOLMEN AREA COMMUNITY CENTER
600 NORTH HOLMEN DRIVE, HOLMEN, WI



HOLMEN AREA COMMUNITY CENTER

Activities
all Day!

Safe
Family
Fun!



Free to
the
Public!

Saturday, October 24th

9 am to 2 pm



Save the Date!



THE HUMAN LIBRARY

MONDAY
OCTOBER 5TH
6:00 PM

Everyone has a Story

HOLMEN AREA HISTORICAL SOCIETY



**Innovation in History:
Impact, Influence, Change**



Open to the public

Yoga Nidra and Sound Bath

with Sam Bigalke

Friday

10:15 - 11 am
September 25
October 23
November 20

Yoga for mind. No poses just relaxation, guided meditation and sound bowls.

Bring your comfy blankets and pillows to this class.

Members \$5 | Non-Members \$10



CONTACT US FOR MORE INFORMATION:
608-399-1870
WWW.HOLMENCC.ORG

Where Our Community Gathers!

"Mocktails & Me" Series

Join Heather Quackenboss, Human Development and Relationships Educator from UW Madison Division of Extension in La Crosse County to try some of these beverages and learn a little more about yourself and caregiving.

Monday, October 12th 2 to 3 pm
How to Care and Still Be a Fun-gi! (Fun guy!)

Try the mushroom coffee that is supposed to help our mental acuity while we learn how to have a little fun in the seriousness of caregiving.

Upcoming Sessions:

Monday, November 9th 2 to 3 pm
I'll be on your CIDE-r

Monday, December 14th 2 to 3 pm
Cocoa-Nuts about Caregiving



Present Moment Yoga
Tuesdays 9 - 10 am
(Oct 13, 20, 27 and Nov 3, 10, 17)

This class will work on pairing our breath with movement. Yoga poses and breathing techniques will be utilized to increase strength/flexibility while maintaining a more relaxed state of mind.

Yoga Instructor: Carol Kohner



Holmen Area Community Center
www.holmencc.org 608-399-1870

Where Our Community Gathers!

**\$5 Members
\$10 Non-members**



Life starts all over again when it gets crisp in the fall.

E. Scott Fitzgerald



August Happenings at the Center

Beaded Critters
& Creatures
Workshop with
Laura Lindahl



Finding Your Peaceful Place
with Author, Natalie Norlund



Piano Music
by Lucy Lowman



Community Crafts
Napkin Coasters



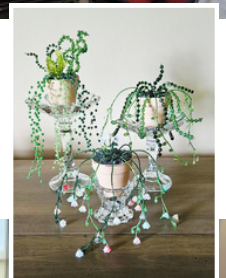
"One"derful 1 Wednesday
Wood Carving
Demonstration!



Wild About Bears
with Happy Dancing Turtles



Beaded Forever
Plants with
Laura Lindahl



Hello Holmen!
Celebrating Holmen's History with Ruth Scholze

