HOLMEN AREA COMMUNITY CENTER

Supporting Area Caregivers
Enrollment in Gather Together ensures that respite care is provided in a positive atmosphere. Staff and volunteers offer personalized and engaging support. for respite program participants.

Activities and Engagement
Participants in this Respite Program take part in a variety of engaging activities, creative projects, and brain-stimulating exercises.

Gather Together promote a welcoming and inclusive atmosphere, by staff and volunteers, designed to ensure that each participant enjoys an enriching experience during their respite.

Examples of HACC Programs
ADRC Lunch Program
BINGO and Games
Walking Path and Fitness Programs
Beginner Line Dancing
Live Music and Entertainment
Community Crafts and Art Programs
Brain Games and Activities

Check out our online Program Guide for all that we offer!

www.holmencc.org

Gather Together
A Welcoming Space For Every Memory

Amy Brezinka
Program Director
(608) 399-1870
programs@holmencc.org
For information or to volunteer

Thank you to our Partners

RCAW Respite Care Association of Wisconsin

MAYO CLINIC HEALTH SYSTEM

#ENDALZ FEST FOUNDATION

OASIS A Welcoming Place Along Your Journey

ADRC Aging and Disability Resource Center of La Crosse County

Dementia Friendly Community LA CROSSE COUNTY

Holmen Area Community Center

HOLMEN AREA COMMUNITY CENTER

600 North Holmen Drive
Holmen, Wisconsin 54636
(608) 399-1870

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Gather Together
RESPITE PROGRAM

A Welcoming Space For Every Memory



Gather Together
A Welcoming Space For Every Memory

Gather Together offers a welcoming respite experience for adults living with early stages of dementia and Mild Cognitive Impairment (MCI).

608-399-1870

Gather Together

A Welcoming Space
For Every Memory

We are an engaging community program for your loved one to spend time, connect with others, and enjoy meaningful activities.

Program Time

First and Third Wednesday
10:00 am – 2:00 pm at the
Holmen Area Community Center

Four Hours Of Connection Makes A Difference!

Program Cost

$40 per attendance

Participant referrals can be made by phone, email, or through area organizations to the Gather Together Program Director.



Volunteers!

One-to-one engagement with participants ensures you will have a meaningful experiences within Gather Together. Ongoing training and appreciation keeps you confident and supported in your role. Join us!

Caregiving is a constant learning experience. Remember that you can't do it all, you can only do your best. Gather Together provides four hours of respite so you can focus on your needs.



Lunch is provided as part of the Gather Together Respite Program day.

Families may choose to have the participant bring a cold lunch from home or sign up for the ADRC Lunch Program at the Holmen Area Community Center.

- Paperwork is required before a participant can participate in the ADRC Lunch Program.
- Participant's lunch arrangements must be made on Monday of the respite program week.
- Lunch participation is billed $5 per meal by the ADRC.

ADRC
Aging and Disability Resource Center of La Crosse County

Respite is different for every caregiver.

While your loved one enjoys a welcoming day of connection at Gather Together, caregivers have time to:

- Run errands or attend appointments
- Grocery shop or household tasks
- Meet a friend for coffee or lunch
- Exercise, enjoy a walk or quiet time
- Spend time with family members
- Simply rest, recharge, and have some time for yourself

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